GRADUATE STUDENTS WITH FAMILIES

UBC GRADUATE AND POSTDOCTORAL STUDIES
LIVING IN RESIDENCE

Families
- Acadia Park
- [vancouver.housing.ubc.ca/residences/acadia-park](http://vancouver.housing.ubc.ca/residences/acadia-park)

Couples
- Acadia Park
- Any self-contained studio or one-bedroom unit
- [vancouver.housing.ubc.ca/getting-started/graduate-students/](http://vancouver.housing.ubc.ca/getting-started/graduate-students/)

Photo Credit: SHHS
UTOWN@UBC

• Utown@UBC Community Services Card
  Free or reduced-fee access to great UBC attractions
  utown.ubc.ca/
LIVING OFF CAMPUS
METRO VANCOUVER
NEIGHBOURHOODS

West side

“April in Vancouver” by iwona_kellie; http://www.flickr.com/photos/iwona_kellie/8663677472/in photostream/

East side

Photo by Dennis Sylvester Hurd
http://www.flickr.com/photos/dennisylvesterhurd/2619116195/
## RENTALS

<table>
<thead>
<tr>
<th>Online apartment and house-sharing resources</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Craigslist</td>
<td>RentHello</td>
</tr>
<tr>
<td>Kijiji</td>
<td>Rentbc</td>
</tr>
<tr>
<td>Padmapper</td>
<td>EasyRoommate</td>
</tr>
<tr>
<td>Roomatesvancouver</td>
<td>UV Rentsline</td>
</tr>
<tr>
<td>Walk Score</td>
<td>ESL Rent</td>
</tr>
<tr>
<td>Facebook groups</td>
<td>City of Vancouver co-ops</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Short-term rentals</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Airbnb</td>
<td>Homestay.com</td>
</tr>
<tr>
<td>Make Yourself at Home</td>
<td>Roomorama</td>
</tr>
</tbody>
</table>

## HOUSEHOLD ITEMS

<table>
<thead>
<tr>
<th>Used</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Craigslist &amp; Kijiji</td>
<td></td>
</tr>
<tr>
<td>Garage sales</td>
<td></td>
</tr>
<tr>
<td>Salvation Army, Value Village</td>
<td></td>
</tr>
<tr>
<td>Facebook!</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>New</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Ikea</td>
<td></td>
</tr>
<tr>
<td>Dollar Store</td>
<td></td>
</tr>
<tr>
<td>Shopper’s, London Drugs</td>
<td></td>
</tr>
<tr>
<td>Canadian Superstore, Wal-Mart</td>
<td></td>
</tr>
</tbody>
</table>
WHEN TO SEARCH FOR HOUSING IN VANCOUVER

• Rentals available for September are usually posted in July and August.
• Rentals available for January are usually posted in November and December.

• BC laws specify a 30 day notice to vacate a property
  • Most rental agreements start on the first day of the month.

• The turn around time for rental units is fast.
  • Keep an eye out for For Rent or Vacancy signs

• Vancouver is a popular city, it can take some time to find an apartment/room.
NOTES ON FINDING A PLACE TO LIVE IN VANCOUVER

Be cautious and beware of scams

<table>
<thead>
<tr>
<th>OK</th>
<th>NOT OK</th>
</tr>
</thead>
<tbody>
<tr>
<td>Reference or credit check</td>
<td>Credit card or bank account info</td>
</tr>
<tr>
<td>Co-signer</td>
<td>Passport, SIN or SSN #s</td>
</tr>
<tr>
<td>First month’s rent upfront</td>
<td>Application fee</td>
</tr>
<tr>
<td>Security or damage deposit</td>
<td>Discrimination</td>
</tr>
<tr>
<td>Furniture or Pet deposit</td>
<td>Photocopy of your Driver’s License or Photo ID</td>
</tr>
</tbody>
</table>

**Renting it Right**: free online course from the Tenant Resource & Advisory Centre which can help you find rental housing and understand your rights. [http://tenants.bc.ca/renting-it-right/](http://tenants.bc.ca/renting-it-right/)
### TYPES OF CHILD CARE PROGRAMS

<table>
<thead>
<tr>
<th>Licensed centre-based programs</th>
<th>Unlicensed (license not required)</th>
<th>Nannies, nanny-shares</th>
</tr>
</thead>
<tbody>
<tr>
<td>Infants &amp; toddlers</td>
<td>2 children or a sibling group at any one time</td>
<td>License not required</td>
</tr>
<tr>
<td>3-5 years</td>
<td>Registered: criminal checks, references, review, first aid</td>
<td>Part-time, full-time</td>
</tr>
<tr>
<td>Mixed-age</td>
<td>Non-registered: not required to meet any standards for health or safety.</td>
<td>Individual care or shared with other families</td>
</tr>
<tr>
<td>Pre-school</td>
<td></td>
<td>Parents are responsible for screening and hiring</td>
</tr>
<tr>
<td>Before / after school care</td>
<td></td>
<td>Caregiver is considered an employee</td>
</tr>
<tr>
<td>Family child care</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Maximum of 7 children, birth-12 years</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Students can apply for child care before they even apply to UBC. Waitlists can be 12 months to 2.5 years long, depending on age group & type of care.

UBC Child Care Services: [www.childcare.ubc.ca](http://www.childcare.ubc.ca)
General Waiting List Information: [www.childcare.ubc.ca/general-waiting-list-information/](http://www.childcare.ubc.ca/general-waiting-list-information/)
OTHER CHILD CARE ON CAMPUS

University Hill Preschool
- Programs for 3 and 4 year olds
- Reggio Emilia approach, Montessori activities
- $205 - $385 / month

www.universityhillpreschool.com/

Berwick Child Development Centre
- Programs for 3 - 5 year olds
- Integration of children with and without special needs
- Priority is given to UBC faculty, staff & students

bc-cfa.org/programs-services/supported-child-development/supported-child-development/

Vista Point YMCA
- Programs for ages 30 months – 5 years
- Full and part-time options
- Priority for families who do not work or study at UBC

gv.ymca.ca/Locations/Area-One/UBC/Vista-Point-YMCA-Child-Care
SCHOOLS
## OPTIONS FOR SCHOOL-AGED CHILDREN

<table>
<thead>
<tr>
<th>Public Schools</th>
<th>Home Schooling</th>
<th>Independent/Private Schools</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Vancouver School board</td>
<td>• Family-delivered education program</td>
<td>• Boarding school</td>
</tr>
<tr>
<td>• Language immersion</td>
<td>• Alternative method of teaching offered outside the BC educational system</td>
<td>• Montessori</td>
</tr>
<tr>
<td>• Mini Schools</td>
<td></td>
<td>• Waldorf</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Reggio Emilia</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Special needs, gifted</td>
</tr>
</tbody>
</table>
REGISTERING FOR PUBLIC SCHOOL

Kindergarten
Priority Registration: November 1 – last weekday in January
Learn more at: www.vsb.bc.ca/kindergarten

Grades 1-12
Priority Registration is November 1 – 2nd Friday in June
Learn more at: www.vsb.bc.ca/school-registration

All students born in Canada can apply online, then take documents to their catchment school.

Children not born in Canada, or students in Grades 1-12 born in Canada who DO NOT SPEAK ENGLISH as their home language must register at the DPRC.
FUN THINGS TO DO
Science World
CC0 Creative Commons, gtriay

The PNE
CC BY 2.0, Ruth Hartnup. The wooden roller coaster at Playland
www.flickr.com/photos/ruthanddave/2939306930d

Reifel Bird Sanctuary
CC0 Creative Commons, zachjmorton

Stanley Park

Pumpkin Patches
Grouse Mountain
23 km from UBC
16 km from city center

Cypress Mountain
39 km from UBC
32 km from city center

Mt. Seymour
36 km from UBC
28 km from city center

Whistler
132 km from UBC
124 km from city center

Whistler photo credit: Ruth Hartnup, [CC BY 2.0 creativecommons.org/licenses/by/2.0], via Wikimedia Commons
COMMUNITY CENTRES
COMMUNITY CENTRES

- Fitness and sports activities
- Arts and crafts
- Social programming
- Spring and summer camps
# COST OF LIVING

<table>
<thead>
<tr>
<th>VARIABLES</th>
<th>EXPENSES</th>
<th>INCOME</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tuition</td>
<td>Rent, deposits, utilities</td>
<td>Scholarships, Awards</td>
</tr>
<tr>
<td>Program</td>
<td>Tuition, student fees</td>
<td>PhD Minimum Funding</td>
</tr>
<tr>
<td>Living alone or with a partner / family</td>
<td>Health insurance</td>
<td>TAship, RAship</td>
</tr>
<tr>
<td>Type of accommodation</td>
<td>Textbooks</td>
<td>Loans/Bursaries</td>
</tr>
<tr>
<td>Housing location</td>
<td>Groceries</td>
<td>Savings</td>
</tr>
<tr>
<td>Car?</td>
<td>Child Care</td>
<td>Sponsorship</td>
</tr>
<tr>
<td></td>
<td>Other expenses</td>
<td>Other income</td>
</tr>
</tbody>
</table>

www.grad.ubc.ca/cost-calculator
COST OF LIVING

UBC provides outstanding education as recognized by the various rankings and at the same time is able to offer graduate degrees at very competitive tuition rates. Our stunning location in one of the most livable cities might lead to higher living costs than what you are used to. If you compare UBC with other universities, adding up all costs and income sources, we think you’ll find that UBC’s competitive tuition and several funding initiatives allow you to get extraordinary value for your investment.

### Are you a domestic or international student?
- [ ] Domestic student (incl. Permanent Resident/Landed Immigrant, Refugee, Diplomat)
- [ ] International student

### Please select the program you plan to attend:
- Accounting - Doctor of Philosophy

### Are you single or will you be accompanied by a partner?
- [ ] I will live in Vancouver on my own
- [ ] I will bring a partner

### Do you have children?
- [ ] Yes
- [ ] No

### What type of accommodation are you hoping to rent?
- [ ] Shared accommodation / room
<table>
<thead>
<tr>
<th>REGULAR EXPENSES</th>
<th>MONTHLY</th>
<th>ANNUAL</th>
<th>ADD</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tuition</td>
<td></td>
<td>$8,504.66</td>
<td></td>
</tr>
<tr>
<td>Student Fees</td>
<td></td>
<td>$431.38</td>
<td></td>
</tr>
<tr>
<td>GSS/AMS Extended Health Insurance</td>
<td></td>
<td>$464.98</td>
<td></td>
</tr>
<tr>
<td>Medical Service Plan (BC Health Insurance)</td>
<td>$75.00</td>
<td>$900.00</td>
<td></td>
</tr>
<tr>
<td>Textbooks</td>
<td></td>
<td>$550.00</td>
<td></td>
</tr>
<tr>
<td>Rent (Housing / Accommodation) <img src="image" alt="1" /></td>
<td>$1,912.00</td>
<td>$22,994.00</td>
<td></td>
</tr>
<tr>
<td>Utilities : High-Speed Internet</td>
<td></td>
<td>$85.00</td>
<td></td>
</tr>
<tr>
<td>Utilities : Cable TV</td>
<td></td>
<td>$45.00</td>
<td></td>
</tr>
<tr>
<td>Utilities : Heat / Electricity <img src="image" alt="2" /></td>
<td>$87.56</td>
<td>$1,050.72</td>
<td></td>
</tr>
<tr>
<td>Mobile phone (basic package)</td>
<td></td>
<td>$25.00</td>
<td></td>
</tr>
<tr>
<td>Mobile phone (full package)</td>
<td></td>
<td>$50.00</td>
<td></td>
</tr>
<tr>
<td>UPass (Public Transit Pass)</td>
<td></td>
<td>$41.00</td>
<td></td>
</tr>
<tr>
<td>Monthly bus pass (spouse)</td>
<td></td>
<td>$93.00</td>
<td></td>
</tr>
<tr>
<td>Groceries / Food <img src="image" alt="2" /></td>
<td></td>
<td>$974.00</td>
<td></td>
</tr>
<tr>
<td>Entertainment / Clothes / Gifts <img src="image" alt="2" /></td>
<td>$240.00</td>
<td>$2,880.00</td>
<td></td>
</tr>
<tr>
<td>Child Care</td>
<td></td>
<td>$1,237.50</td>
<td></td>
</tr>
<tr>
<td>Preschool</td>
<td></td>
<td>$490.00</td>
<td></td>
</tr>
<tr>
<td>Other Expenses</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Total Expenses</strong></td>
<td><strong>$4302.14</strong></td>
<td><strong>$51625.74</strong></td>
<td></td>
</tr>
</tbody>
</table>

* values adjusted to your family situation
RESOURCES INTERNATIONAL STUDENTS

Information for International Students with Families
students.ubc.ca/campus-life/diversity-campus/who-are-parents/information-international-family

Work Permits for Partners
https://students.ubc.ca/career/career-resources/working-canada/work-permit-spouse-or-partner/apply-spousepartner-work-permit-within-canada

International Student Guide
https://students.ubc.ca/international-student-guide
RESOURCES FOR SETTLING IN

**Immigrant Support Services of BC**
Providing a variety of support services to help immigrants get settled.

**SUCCESS**
Supports the wellbeing of Canadians and immigrants from diverse ethnic origins through social, educational, and health services, business and community development, and advocacy.

**Pacific Immigrant Resources Society**
Community-based organization that provides services for immigrant women and their young children.
OTHER HELPFUL RESOURCES

Life in Vancouver: www.grad.ubc.ca/campus-community/life-vancouver-canada

Life as a Grad Student at UBC: www.grad.ubc.ca/campus-community/life-grad-student-ubc

UBC Child Care Services: www.childcare.ubc.ca

School Registration: www.vsb.bc.ca/school-registration

Students Who Are Parents: students.ubc.ca/campus-life/diversity-campus/who-are-parents

The Development Disabilities Association

(DDA) provides over 50 community-based programs and services for all children (including those with special needs), youth, and adults. UBC has partnered with the DDA to enhance the availability of child care for faculty and staff in 5 of their centres.

Westcoast Child Care Resource Centre

A non-profit society providing a list of all child care providers in the lower-mainland

Kids & Co.

several locations in the Lower Mainland and across BC
CHILD CARE RESOURCES

Ministry of Children and Family Development
Information on choosing a quality daycare, finding child care providers and getting financial assistance, and an overview of licensed vs unlicensed child care.

Immigrant Support Services of BC
Providing a variety of support services to help immigrants get settled.

Pacific Immigrant Resources Society
Community-based organization that provides services for immigrant women and their young children.
Engage in the forum and win prizes!
LEAVE & VACATION POLICIES

Leave of Absence procedures and policies
A graduate student who finds it necessary to interrupt his or her studies for parental, health, personal, professional, employment, or academic reasons, as outlined in policy V-302.2, may apply for a leave of absence.

Graduate Student Vacation Policy
Graduate students are entitled to 3 weeks of vacation (15 working days) from their academic obligations per academic year.
UBC HEALTH & WELLNESS

Support for your studies
Information about sex and sexual health
Help with stress and anxiety
Health care for registered UBC students

students.ubc.ca/health-wellness
MEDICAL SERVICES

Doctors in BC
There are two kinds of doctors in BC: General practitioners (family doctors) and Specialists.

Walk-in Clinics
Most cities and towns in BC have walk-in clinics. You don’t need an appointment or a family doctor to go to a walk-in clinic. Many are open in the evening and on weekends.

UBC Medical and Dental Clinics
• UBC Health Clinic
• Nobel Biocare Oral Health Centre

UPCOMING PRE-ARRIVAL WEBINARS

ST. JOHN’S COLLEGE
April 17

GREEN COLLEGE
April 24

WELCOME SESSION WITH UBC GRADUATE STUDENT AMBASSADORS
April 25

orientation.grad.ubc.ca/events
UPCOMING PRE-ARRIVAL WEBINARS

LIVING IN VANCOUVER
June 4, July 3

PRE-ARRIVAL INFO SESSION FOR INTERNATIONAL STUDENTS
June 5, July 4

BUDGETING, STUDENT LOANS, & TUITION
June 6, July 5

PRE-ARRIVAL INFO SESSION SUITE (Student financing, Living in Vancouver, International Students)
June 10, July 10

orientation.grad.ubc.ca/events